



## **Mums and Dads with learning disabilities**



**getting together**

**We meet at People First Lambeth,  
336 Brixton Road, London SW9 7AA.**



**020 7 642 0045**

**Every 2 weeks call Donna for dates**

**We all love our kids and try hard to do the best we can for our sons and daughters.  
Some of us live with our children and some have children who live somewhere else.**

**We talk about:**  
**what's good about being a mum and what is hard**

**things to do with children**



**having children with special needs**



**contact visits**



**safety**



**teenage children**



**and much more...**